GRESLEYDALE HEALTHCARE CENTRE



Gresleydale Healthcare Centre
Glamorgan Way
Church Gresley
Swadlincote
Derbyshire
DE11 9JT

Tel: 01283 227870 www.gresleydale.co.uk

We are part of the Swadlincote Primary Care Network

As normal services begin to restart within the NHS, it is important that risks of transmission of Covid-19 are minimised in all settings to reduce potential transmission within the surgery.

Telephone consultations, where appropriate, are still available for patients who would benefit. Please request this option when booking your appointment.

Face to face consultations are now available on request. Please do not attend if you have symptoms consistent with Covid-19. Patients will be asked if they have been in contact with anyone diagnosed with Covid-19 or displaying symptoms of the infection.

In general, patients should attend on their own. However, if thought essential, one dedicated person can attend with a patient.

Staff, visitors and patients should adhere to current Government guidance e.g., the continued use of masks and face coverings.

The practice will continue with all appropriate cleaning regimes, especially in high touch surfaces, as per National Infection Prevention Control Guidance.

Partners

Dr J Redferne MBBS FRCGP DRCOG
Dr A Whitehouse MRCGP MRCP MBChB
Dr M Kulkarni DRCOG DFFP MRCGP
Dr C Low MBBS,MRCGP
Mrs S Clover BSc (Hons) PGDip (NP) RGN QN

GPs

Dr Y Reynolds-Khan Dr L Welch Dr E Mair Dr A Letchford

Nurse Practitioner: Ms Rose Gregory
Nurse Practitioner: Mrs Rebecca Bromley

Practice Manager: Mrs Rose Cotton

Assistant Practice Manager: Mrs Zoe Simpkins

Assistant Practice Manager: Mrs Jackie Meadows Lea

Gresleydale Healthcare Centre is a new purpose-built surgery designed to house our growing patient population and increased clinical team. The practice has grown from a single-handed practice, when it was set up in 1982, to its present size with 5 partners. After several years of planning and discussion, our new surgery building was completed in April 2009 in Glamorgan Way, Church Gresley, on the new housing estate which now links Castle Road and Swadlincote Road. The surgery provides much larger premises with more consulting rooms, 2 treatment rooms, a multiple use Health Promotion room and more space for administration staff.

We currently have 8 doctors, 3 Nurse Practitioners, 2 Practice Nurses, 1 Health Care Assistant and a phlebotomist. We also have 3 District Nurses and 2 Midwives, who work closely with the community team of Health Visitors plus access to Counselling and Smoking Cessation Services.

The day to day running of the surgery is co-ordinated and managed by the Practice Manager/ Assistant Practice Managers who are supported by an Administration team and the Receptionists. The doctors and staff seek to provide the highest level of care for all their patients and wish to develop a partnership between patients and the professionals involved in their care.

GRESLEYDALE HEALTHCARE CENTRE

Opening hours

Core Surgery Hours: Monday to Friday 8am – 6.30pm

Extended Hours: Early Monday mornings 7.30am-8am

and one Saturday morning a month 8am-12pm (post

Covid restrictions)

Telephone lines open Monday to Friday 8am – 6.30pm Please note that **ALL** our telephone calls (incoming and outgoing) are recorded for training purposes.

Consulting times vary according to whether it is a Doctor or Nurse session but there are morning and afternoon sessions usually between 9-12 noon and 3-5.30pm. A GP consulting session is designed to meet all patient needs and the session is divided into appointment types as listed below.

Appointments during extended hours are pre-bookable for the convenience of patients whose working hours prevent them attending during the day. There will be no telephone access to the surgery at this time and no provision for drop in patients. Emergency calls should be made to the normal out of hour's number.

GP APPOINTMENTS - AN APPOINTMENT SYSTEM OPERATES:

The Practice offers a variety of appointments to try and cater for all of our patients needs and can be obtained by telephoning, dropping into the centre or online via our Website (www.gresleydale.co.uk). Please ask our receptionist for a username and password to use the online appointment system. Appointment types are:

Appointments

All patients that request an appointment will be offered the next available appointment.

We aim for this to be within 7 working days*, please be aware it may not always be possible to discuss multiple problems in one appointment you may need to book a double GP appointment (*post Covid restrictions).

If you feel that the problem is more urgent and you need to be seen sooner, you can request an urgent emergency appointment on that day.

Urgent appointments should be for issues that have recently come on or worsened. Urgent appointments should be for conditions that can't wait for the next available appointment. Taking the decision to book an urgent appointment is the responsibility of the patient and not the receptionist. If an appointment has been booked inappropriately, you will be advised as such by the healthcare professional.

Prebookable Routine Appointments

These are available to book between four and six weeks in advance, covering morning, afternoon and extended hours surgery

Extended Hours Clinics

The Practice is able to offer additional service on Monday mornings and one Saturday morning every month. These sessions are particularly popular for the working practice population and are pre-bookable in advance.

Extended Access

GP and Nurse appointments are now available during evenings and at the weekend. To book and appointment please contact reception

Telephone Appointment

A few conditions may be treatable by telephone – it is important that you contact your local pharmacist prior to contacting your GP as they are qualified to advise on minor ailments. If you do contact the surgery and request a telephone call, please be aware that the receptionist has been instructed to take a few details regarding your query - they will be able to advise you whether a telephone call from a practice health professional is suitable or be able to 'signpost' you to the most appropriate adviser i.e., you may be advised to go to A&E if you are experiencing chest pains.

Once the receptionist has added you to the doctor's or Nurse Practitioner's list for a telephone call, please ensure you will be available to receive the call as second attempt will not be made.

Online Service

The practice offers the facility to book and cancel appointments and order prescriptions online via the surgery website www.gresleydale.co.uk For this you need to be registered and this can be done at reception.

Appointment Reminders

Patients (over the age of 16) should automatically receive appointment reminders and important messages to mobile phone numbers via an SMS Messaging System. It is possible to withdraw from this service via our reception team. Please note that the SMS service is not 100% reliable due to occasional system failures which are out of our control.

Dedicated appointment Cancellation Line

The Practice has introduced a dedicated appointment cancellation line to make it easier for patients to cancel appointments. Please telephone the main surgery line on 01283 227870 and Press option 1, please leave us a brief message, Name, date of birth, appointment date/time and we will cancel your appointment for you.

HOW TO REGISTER WITH THE PRACTICE

We are able to register patient in our boundary area which incorporates:

Church Gresley Overseal Hartshorne

Castle Gresley Albert Village Parts of Woodville

Linton Swadlincote
Newhall Midway

If you live within our area you can register by completing a form from reception and producing proof of your identity and address, with your Medical Card if you have it. You will be also be given a New Patient Medical Questionnaire to complete. If you are taking regular medication, you will also need to see a doctor in order that this can be added to your record. Your registration will be with the practice as a whole, although there will be a doctor's name on your new medical card, and you may choose which doctor you see when making a pre-bookable appointment. It is usually best to see the same doctor each time if you have an on-going problem, but any of the doctors will be happy to see you if you have an urgent problem or if your regular doctor is unavailable.

SERVICES

Regular clinics are held for the following:

Phlebotomy

Postnatal

New Baby and Child Health Medicals - Fridays 9am - 11am

Contraception – including coils and implanon

Chronic disease clinics – Asthma, Diabetes, COPD, CHD, Hypertension

Counsellor - Wednesdays and Fridays

Non-NHS work – Insurance and legal requirements

(Please note that whilst the Practices undertakes non-NHS work, it is not given the same priority as NHS work and a time-related fee is payable. The practice aims for a two-week turnaround from request to completion but this is not guaranteed)

Minor Surgery

If deemed necessary your Doctor may arrange for minor surgical procedures to be carried out within the surgery. There may be a waiting list for treatments.

Home Visits

Please request non-urgent visits **before 10am** as this helps us to plan the doctors' journeys. If you require an **urgent visit**, please telephone the surgery and tell the receptionist, who will pass your request on to the duty doctor for that day. If the person needing the visit is not at their usual address, please make sure you tell the receptionist where the doctor needs to go.

Repeat Prescriptions

MOLS - Prescription Medicines order line for patients - 0115 8550260 (please note we do not accept prescriptions over the front desk)

For safety reasons we are unable to take prescription requests by telephone except for our visually impaired patients. You may also order repeat items on-line via the www.gresleydale.co.uk website. To register for this, you need to visit the surgery personally to be given your login details. Parents may register their children under 16. If it is difficult for you to visit the surgery you may send your request by post, including a stamped addressed envelope for the prescription to be returned to you.

Patients who are on long term medication, or for instance use the contraceptive pill, may be eligible for Batch Prescribing. This means that prescriptions are produced for up to a year's medication so that you can take them to the pharmacist of your choice and they will issue them when they are due, without the need for you to request them from the surgery. Ask a GP if you think you would qualify for this.

OUT OF HOURS SERVICE

For Medical Emergencies call 999

For Non-Medical Emergencies or for Health Information call 111

If you require non urgent medical attention when the surgery is closed you should dial '111'

This will connect you to the NHS 111 service free of charge which is provided by Derbyshire Health United. You will be assessed and directed to the most appropriate point of care for your particular needs.

TEACHING AND TRAINING

The practice is an approved training practice for GP Registrars – Doctors who have decided to become GPs and are completing their final training before qualification. If you are offered an appointment with a Registrar and would rather not see him/her please make this known to the receptionist. However, patients can be assured of the quality of care given by our trainees, who are under supervision by our own GPs, and we hope that you will be willing to co-operate in this phase of their training.

THE HEALTHCARE TEAM

THE DOCTORS

Dr Jennifer Redferne (Female) Partner MBBS FRCGP DRCOG

Dr Alison Whitehouse (Female) Partner MRCGP MRCP MBChB

Dr M Kulkarni (Female) Partner DRCOG DFFP MRCGP

Dr C Low (Female) Partner MBBS.MRCGP

Dr Y Reynolds-Khan (Male) GP

Dr L Welch(Female) GP

Dr E Mair (Female) GP

Dr A Letchford (Female) GP

THE NURSING TEAM

NURSE PRACTIONERS

Mrs Sue Clover (Female) Partner Director of nursing

BSc (Hons) PGDip (NP) RGN QN

Mrs Rebecca Bromley – Advanced Clinical Practitioner

Mrs Rose Gregory – Long Term Conditions Clinical Practitioner

THE PRACTICE NURSE

Our Practice Nurse, **Carol Jenkinson**, carries out a variety of procedures and check ups which do not need to be done by a doctor. Practice Nurses also advice on such things as diet and weight and assists the doctors when they carry out minor surgery.

Carol Jenkinson is available by appointment to give advice on health matters and is qualified to carry out or arrange the following:-

Health Promotion Clinics

Dietary advice

Exercise advice

Childhood immunisations

Cervical smears

Contraceptive advice

Dressings and removal of sutures

Travel clinic (please collect a form and make an appointment at least 6 weeks before travelling.) A charge will be made for certain immunisations and vaccinations which are not covered by the NHS.

Long Term Condition review clinics

Asthma clinic and Chronic Obstructive Airway Disease

Continence Management

Diabetic care and advice

Hypertension clinics

Ischaemic Heart Disease

NURSING ASSOCIATE

Emily Walton is a member of the nursing team and helps to bridge the gap between healthcare assistants and registered nurses

TRAINEE NURSING ASSOCIATE (Apprenticeship)

Colleen Thompson, who was until recently our Healthcare Practitioner, will be taking on a new developmental role in which she will be progress through the Nursing Associate Training programme. Once qualified, she will be an accredited Nursing Associate.

HEALTHCARE ASSISTANT

Lisa Williams and Donna Salt are trained to do certain procedures such as blood tests and ECGs and to carry out new patient medicals, NHS health checks, flu vaccinations, wound care and ear syringing.

Georgia Kirkpatrick was our receptionist/administrator and has now moved to the clinical team as an apprentice healthcare assistant.

PLEBOTOMIST

Denise Fearn joined Gresleydale in 2021 and is a welcome addition to the practice team.

COMMUNITY NURSE TEAM

DISTRICT NURSE

Our team of District Nurses, who are based at Swadlincote Clinic, provide nursing care for those of our patients who are unable to attend surgery.

MIDWIFE

The doctors work with **the Community Midwifery Team** in co-ordinating the care of mothers before and after delivery and care for the baby for the first two weeks of life. The ante-natal department at Queen's Hospital also contributes to maternity care and if it is felt to be necessary for medical reasons pregnancy and delivery care are supervised by one of the hospital consultants. Most of our mothers go to Burton Queen's hospital for delivery, but you may choose to use another hospital in the area or opt for a home birth when it is appropriate. The doctors carry out postnatal checks 6 weeks after the baby is born and regular child health examinations from 8 weeks.

HEALTH VISITORS

The Health Visiting Team are available to help with health matters relating to the under fives and also to advise on health matters within the family, and can be reached on **01283 818044**.

PRACTICE PHARMACY TEAM

Clinical Pharmacist – Razia Hussein Ismail provides medicines management activities to support safe, effective prescribing. Mrs Ismail ensures medication changes from clinical correspondence or review are actioned in a timely manner. She supports the management team and clinicians to develop and complete internal review processes e.g. Audit and Quality Assurance based. She also reviews patients with Long Term Conditions and provides a minor ailments triage clinic alongside our nursing staff to address medication queries without recourse to the GPs.

Practice Pharmacy Technician – Alex Coupar-Evans undertakes a new role for the practice working under the supervision of our Clinical Pharmacist. He ensures medication is prescribed in a safe, accurate and cost-effective manner plus provides support to patients, GPs, Nurse and other members of the practice team with medication queries.

PRACTICE AND PATIENT SUPPORT TEAM

PRACTICE CARE CO ORDINATOR

Lyndsey Titley - The Practice Care Coordinator is an administration post primarily trained to support GPs and the Clinical team: To address the ever-increasing demand for primary and secondary care services and better support patients within their own communities, there is a wide recognition of the need for local coordination of care needs for the practice population.

Patients represent a significant section that would benefit from an improved integrated and coordinated approach to ensure they receive the right level of support in the right place throughout their journey in primary care. To empower patients to actively engage in their treatment for better health outcomes.

PRACTICE HEALTH & WELLBEING COACH

Amy Tidball – The Practice Health & Wellbeing Coach uses her skills to support individuals with low levels of motivation to develop their knowledge, skills and confidence to manage their own health and well-being and lead a more fulfilling life. Health & Wellbeing Coaches take an approach that considers the whole person in addressing existing issues and encourages proactive prevention of new and existing

illnesses. They take a non-judgemental approach, based on strong communication and negotiation skills, to support patients with personal choice and positive risk taking that addresses potential consequences and ensures the individual understands the accountability of their own decisions.

MANAGEMENT & ADMINISTRATION TEAMS

PRACTICE MANAGER

Mrs Rose Cotton is the practice manager and works with the doctors to direct the organisation of the practice. She organises the day-to-day running of the surgery and is responsible for promoting the efficient use of premises, staff and resources, to ensure the best environment for carrying out patient care. She is assisted in this by the members of the administration team.

ASSISTANT PRACTICE MANAGERS

Mrs Zoe Simpkins and Mrs Jackie Meadows Lea are the Assistant Practice Managers who support and work with the Practice Manager to direct the organisation of the Practice.

RECEPTION MANAGER

Mrs Jackie Meadows Lea oversees the Reception team.

TRAINING LEAD

Mrs Claire Milburn supports Jackie with reception team training requirements.

Our team of administrators/reception staff comprises of Helen Manton, Allison Foster, Jennifer Wainwright, Zoe Meakin, Kelly Marriott, Deborah Morrell, Claire Milburn, Angela Scott, Kate Hammond, Kay Hawksworth, Elizabeth Di Ciacca, Susan Bladon, Gillian Giera and Suzanne Davenport. As well as acting as the main point of contact for patients they also have many administrative functions relating to patient services and practice administration. Our new apprentice is Chloe Hurdman.

SECRETARIAL

Our secretaries **Sonia Allmark** and **Joanne Wykes-Pegg** deal with referrals to hospitals, physiotherapy etc and will be willing to advise you if you are concerned about a delay in hearing about an appointment.

Our team will always will offer help and assistance at all times and they have a difficult and pressured job to do. They have to judge the URGENCY of your request so please help them by giving them the necessary information needed to do their job. They have been trained to make these enquiries so that you can be helped in the most appropriate way.

It is a legal requirement that confidentiality of patients' records is maintained at the highest level by all staff.

DISABLED ACCESS

Gresleydale has been designed with the needs of the disabled in mind. There is wheelchair access at the main entrance and our toilets are especially adapted for the disabled.

HEARING LOOP

Gresleydale has a hearing loop in-situ plus a portable loop machine if required.

PATIENT PARTICIPATION GROUP (PPG)

This is a group of patients and staff from the practice who come together to look at positive ways of contributing to the services and facilities offered at the surgeries. It has a number of roles but primarily it will act as a link between the practice and the patients. Members of the PPG will ensure that the views of the patients are put forward to the practice and that patients are kept informed about practice matters. The PPG will also fulfil an important consultation role by giving the patients perspective on changes in practice procedures as well as making its own suggestions for positive change. The PPG meets every month and the group is very keen to make sure that it is representative of all members of the practice. Therefore, if you feel that you could make a positive contribution to the work of the group and have a little time to spare or would like more information on the group please contact Mrs Rose Cotton on 01283 227870.

PRACTICE COMPLAINTS PROCEDURE

From time to time, we may not meet your expectations and there are ways in which you can let your views be known. A copy of our complaints protocol is available in the surgery if required and details of how to complain are available on the practice website (www.greslydale.co.uk) or on enquiry with the reception team. If our front of house staff and reception supervisor are unable to help you with any problems or complaints about our service, please write to **Mrs. Rose Cotton** with the details. Your letter will be acknowledged, the contents investigated, and you may be asked to attend a meeting in order to resolve any difficulties.

We are not able to deal with questions of legal liability or compensations.

If you ever have concerns that the Practice has not fully resolved a complaint you may wish to contact:

By Post

NHS England, PO Box 16738m Redditch, B97 9PT

Electronically

England.contactus@nhs.net

Please write 'For the attention of the Complaints Manager' in the subject line By telephone

0300 311 22 33 (Monday to Friday 8am-6pm, excluding Bank Holidays)

Your comments for improving the quality of our service are always welcome as are compliments when we have done something well. Please use the suggestion box sited in the waiting area.

DATA PROTECTION

We are a fully computerised practice registered under the Data Protection Act 1984. We take part in research projects and you may from time to time be asked to participate in a survey. We would be grateful for your co-operation. It is possible that your medical records may be inspected by staff from the Health Authority for administrative purposes. However, you do have the right to object. Please ask a member of staff or one of the doctors if this is the case. Your medical records will not be divulged without your written consent.

We will endeavour to ensure that you will always be made aware of any requests for clinical information for purposes of research and national statistics, but can confirm that no patient identifiable information is ever released for this purpose. You have the right to see and obtain copies of your own medical records, for which there will be an administration charge.

Personal Information

All information is treated as strictly confidential. Our GP system is linked to the NHS National Database which is a secure government-led system.

General Data Protection Regulation

To understand how we protect your data and what your data rights are, read the Patient Privacy Notice at www.gresleydale.healthcare.co.uk or ask reception for a copy. Any questions please direct to the Practice Manager.

Gresleydale Healthcare Centre aims to provide a wide range of up to date medical services

To achieve our aim we offer:

- An appointment system for the doctors and practice nurses' weekday surgeries
- Access to same day appointments for acute problems on the same day and pre-bookable appointments for non-acute problems
- Privacy during your consultation with confidential record keeping
- ➤ A sensitive and swift response to any complaints
- Comprehensive health education and preventative medical opportunities
- Active chronic disease management programmes

Chaperone Policy:

If you feel you would like a Chaperone present at your consultation, please inform your Doctor/Nurse, who will be more than happy to arrange this for you. Alternatively, please request a Chaperone at the time of booking your appointment. All practice staff who undertake this role have received formal Chaperone training.

USEFUL TELEPHONE NUMBERS

111 (Non-medical Emergencies)	111
Accident & Emergency (Burton)	01283 566333
Alcohol Anonymous	01159 417100
Burton Queens Hospital	01283 566333

CRUSE (Bereavement Counselling)	01283 509098
Elms Family Centre	01283 551251
Family Planning Clinic Home-Start	01293 214905 01283 225586
Midwife Number	01283 818030
One Parent Families (Gingerbread)	01713 368183
Patient Advice and Liaison Services (PALS)	01298 212272
Police	01283 550101
Samaritans	01332 364444
Social Services	01283 238000
Southern Derbyshire Health Authority	01332 626300

Where to find us

Gresleydale Healthcare Centre Glamorgan Way Church Gresley Swadlincote Derbyshire DE11 9JT

Tel: 01283 227870

www.gresleydale.co.uk- (visit our website for map details)

How information about you helps us to provide better care

Confidential information from your medical records can be used by the NHS to improve the services offered so we can provide the best possible care for everyone.

This information along with your postcode and NHS number but not your name, are sent to a secure system where it can be linked with other health information.

This allows those planning NHS services or carrying out medical research to use information from different parts of the NHS in a way which does not identify you.

You have a choice. If you are happy for your information to be used in this way you do not have to do anything.

If you have any concerns or wish to prevent this from happening, please speak to practice staff or ask at reception for a copy of the leaflet 'How information about you helps us to provide better care'. Alternatively, more information can be found here: www.nhs.uk/caredata

Our Practice Charter

- You will be treated with courtesy and respect by all Practice personnel.
- ❖ An <u>urgent appointment</u> with a Doctor or Advanced Clinical Practitioners will be available on the same day.
- ❖ The next available routine appointment will be offered for all non-urgent appointments with a doctor
- Our standard is to see 80% of patients within 20 minutes of their appointment time.
 If you have waited longer than this please ask the Receptionist for an explanation.
- ❖ We aim to answer the telephone within six rings.
- ❖ An <u>urgent appointment</u> with a Practice Nurse will be available if required
- ❖ The next available routine appointment will be offered for all non-urgent appointments with the Practice Nurse.
- ❖ Requests for repeat prescriptions will be dealt with within 48 hours (2 working days). We are only able to accept telephone requests in exceptional circumstances and by prior agreement with the practice
- All comments and suggestions about the service are welcome. Please use the box provided in the waiting area.
- If you have a complaint please speak to any member of staff. Your complaint will be dealt with in a professional and efficient manner.
- ❖ We wish to make the Gresleydale Healthcare Centre as accessible as possible. If you have hearing, visual or physical difficulties please let the receptionist know so that we can enable you to fully use our services.

Patient's Responsibilities

- ❖ f you are unable to attend for an appointment please let us know so that we can offer it to someone else.
- If you are late for your appointment, you may be asked to rebook at another time. Try to let us know in advance if you are going to be unavoidably delayed, so that we can make alternative arrangements to help you.
- ❖ A home visit should only be requested for those who are unable to come to the surgery because of serious illness or infirmity. Please ring the surgery before 10 am if at all possible.
- ❖ An urgent appointment is for an urgent medical problem. Please speak to the Receptionist if you require a sick note or repeat prescription.
- ❖ We would ask you to be patient if the Doctor is running late. This is often due to unforeseeable emergencies but please ask for an explanation from the Receptionist.
- ❖ Make a separate appointment for each patient that needs to be seen. This allows the Doctor enough time to treat each patient with the time that they deserve.
- Please act in a responsible and courteous manner whilst on the Practice premises for the safety and comfort of others.
- ❖ Please treat all surgery staff, fellow patients, carers and visitors politely and with respect. Violence or verbal harassment will not be tolerated or accepted and you may be asked to register at another surgery if this behaviour occurs.
- * Recognise the limits of our responsibilities (e.g., we are not dentists or opticians)
- Treat our premises with respect
- Keep us informed if you change your name, address or telephone number

If you would like this booklet translated into another language, larger print or Braille, please ask at the reception desk and arrangements will be made to help you.