

Gresleydale Healthcare Centre Glamorgan Way, Church Gresley, Swadlincote, Derbyshire, DE11 9JT

### **DEMENTIA COFFEE MORNING**



## Wednesday 3rd October 2018 Time 10:30 till 12:30

To be held here at the Surgery

A friendly meeting for friends, family and carers Come for a chat and support.

Tea and coffee available

Supported by Patient Participation Group Carers Association Age uk



<u>Guest speakers were:-</u> Lisa Barker – Derbyshire Carers

Katherine Wislon – Age UK Derby & Derbyshire

# Attended:-

PPG members – 4

Surgery staff supported the event 15 people attended

#### Feedback Comments:-

Patient - Well attended - Good information and useful, friendly

Non - Patient - Very good meeting - well done

Patient - Very good meeting - well done

Non - Patient - Information very good and speakers spoke at our level

Patient - I found the meeting to be very interesting and helpful

Patient - Excellent very well attended, informative would attend again

## Summary:-

Following the success of the Dementia Coffee Morning in 2017, the practice and its PPG members supported a similar even in October 2018.

The purpose of the event is to engage with patients and their carers with a view to identifying supportive networks and provide appropriate and relevant information.

Practice staff feel that the lack of patient engagement in this event is a frustration – it is not for want of trying. Patients and their carers, affected by dementia, are all individually contacted. There were less attendee 's than previous but it must be noted that non-registered patients were invited last year i.e. a personal invitation was given to a newly diagnosed staff contact. That aside, the attendees this year were delighted to be there and one said that they wished it was a weekly occurrence. The attendance list totalled 15 patients and there were some new faces present.

The intent is always to provide appropriate information to attendees. Exercise was promoted by the Speakers this year and as a result, it is known that two attendees attended a Strictly No Falling Class that same week.

Benefits, and why people do not claim their entitlements, was also discussed in detail. Personal stories about why some people are entitled to claim and others not and how 'postcode' can impact on provision were shared. Many said that pride influenced their decision and all were encouraged to possibly have a re-think as the payments can significantly improve on health and wellbeing.

The event lasted 1 ½ hours and as said above, the feeling overall was one of positivity. Patients and carers were obviously quite comfortable to be there and practice

staff also benefitted from the opportunity of mixing with the patient community.

## Patient Benefits:-

The surgery is a Dementia Friendly Practice. Staff have been given training to become Dementia Friends Blue chairs for the waiting room for patient use. 2 x blue mats in reception (black mats replaced)





